

What Is Your Purpose - Worksheet

Everyone has multiple purposes in their everyday lives; however, each person feels an overwhelming need to have a life purpose or reason for being on this earth. Some people know early what their life-purpose is. Others spend most of their lives trying to figure out what they are meant to do or become.

Answer these questions to help you identify your purpose in multiple life-stages.

As a young child, what did you feel your purpose for being here was? Why?

As a teenager, what did you think your purpose might be? Why?

As a young adult, what did you think your purpose might be? Why?

Currently, what do you feel your life-purpose is? Why?

Explain in detail 3 reasons you need a life purpose and the benefits you'll receive.

Benefit: _____

Benefit: _____

Benefit: _____
